

Sports' Day

Date: 10/02/23

The excellence of a students must be evaluated by his/her performance in both academic and non-academic spheres. Sports, being an intricate part of the physical education, inculcates a sense of discipline, team spirit and competitiveness. Seventh-Day Adventist Arts and Science College conducted 3rd Annual Sports Day on 10th February 2023 with great zeal, in the sports ground of Mehmabad.

The event commenced at 8:45 AM with the welcome speech delivered by Dr. G Packiaraj, in-charge Principal, who invited our chief guest Mr. Ramesh Anumolu, President of the college and other sports faculties, teaching faculties, non-teaching faculties and students. Later, the President provided a motivational talk emphasising on the significance of sports in one's life. Furthermore, a group of hostel students sang a divine opening song to add prosperity in the atmosphere. Debashish Sir read from the holy scripture and Mr. Sajeev Pedu... did opening prayer. The hostellers performed marching which eventually delighted every person's heart, after which the ribbon was cut by the President and few girls and boys ran with the torch- these mark the official inauguration of sports event.

As per sports schedule, the track events including 100m, 200m, 800m, 1500m began at 9:30 AM followed by field events Relay race, Discuss Throw, Shot-put, Javelin Throw. Under the supervision of the sports faculties, the teaching faculties performed their assigned duties religiously and helped in the smooth functioning of the events. Thus, the 3rd Annual Sports Day came to an end at 4 PM. Each person on the ground enjoyed the day to the fullest and added beautiful memories to their individual college diary.